



Neurological Freedom

*My hope and wish is for you to
consciously realize and acknowledge
that your journey begins within.
To learn, stretch, heal, and grow,
ultimately achieving Neurological Freedom.*

*Neurological Freedom means
you have absorbed and are applying
the Neurological Intelligence (NI)
strategies, tools, and techniques
to recognize, interrupt, and replace
reactive patterns that cause
negativity, obstruction, turmoil, and conflict
within yourself and others.*

*Neurological Freedom means
you are dedicating your time, energy, and attention
to transform your limiting, disempowered
thoughts, emotions, behaviors, and stories
as you evolve into your next, highest version.*

*Neurological Freedom means
you are living moment to moment as the
mindful manager of your meaning-machine mind,
empowering the language of your internal dialogue,
and focusing on your most important values and needs.*

*Neurological Freedom means
you have consciously chosen to
explore your unlimited unconscious mind
and are committed to resolving the unresolved.*

*Neurological Freedom means
you own your personal power,
and nothing external - be it
individuals, substances, or activities
beyond reason and context -
can hook and hijack your nervous system.*

*Neurological Freedom means
you love and accept all aspects of yourself,
allowing your mind to become quiet,
showing up with an open heart,
and living with a peaceful soul.*

*My hope and wish is for you
to gain the Neurological Intelligence
necessary to become the
mindful empowered leader
of your inner world
and to live your life with
Neurological Freedom.*

- Glenn S. Cohen